



FRESH START



2026

FRESH START STEPS

**“Seek the Kingdom of God above all else
and live righteously, and he will give you
everything you need”**

Jesus told us that the key of life is to aim ourselves toward His kingdom, to endeavour to live our lives seeking first Him, and on the heels of our grace fuelled efforts, the Kingdom life and grace of God will flow to us and through us. This document will help you put the right steps and strategies in place to align your life unto the Kingdom in a way that truly seeks Heaven’s best first. Take some time to prayerfully, thoughtfully and intentionally work out your steps to start this new year in a way that will bring fresh life and fruitfulness to you, regardless of what 2026 brings with it.

Prayer: Father, help me, by Your grace, mercy and wisdom, to set my whole life before you. Give me the resource of Your Word, the tools, strategies and disciplines I need, and the grace to be motivated, faithful and resilient as I seek You first. Holy Spirit come, and guide me through these steps, in Jesus’ Name. Amen.

STEP ONE

STAND ON A FRESH WORD FROM GOD (HEAR THE WORD)

READ ON MATTHEW 4:4

The most important and powerful thing in the universe is the Word of God. That He SPEAKS and we HEAR Him is critical. At all times, we need to be hanging on to something He has spoken or is speaking to us. The Word of God is our ultimate source of life which powers our souls.

Ask the Lord to reveal to you a word from Him. Listen. It might be one word, it might be two. The point is, it's from Him. Listen for that Word. When you heard something, meditate on it. Ask Him if it's from Him, and if it is, let it speak deep into your soul.

My current Word is _____

Family bonus: Pray as a family and ask God to speak a word over your family! Print off the family word PDF, write the Word God gave you and put it on your fridge or somewhere you can see it for the whole year.

Our family Word is _____





STEP TWO

STEP UP TO NEW/RENEWED OBEDIENCE (WORK IT OUT)

One of the greatest drains or fulfillments to our souls circles around doing what God has asked of us. When we live in step with His will, we experience His peace and power at work within us. When we fail to follow His lead, we limit what He will do in or through us. Are there things you stopped doing that God would have you start again? Are there things you started doing that are out of step with God's best for your life? What is God asking you to do or not do? Ask Him. Listen, and simply resolve to obey Him in that area. Seek Him and wait until He reveals to you something He would have you do as an act of obedience.

My current obedience is _____

STEP THREE

STAND IN AWE

(PRAISE YOUR WAY FORWARD)

READ ISAIAH 6:1-7

Your life is the product of your idea of God. It is paramount that we continually consider the grandeur, greatness, and holiness of God as we live in the light of how we see Him.

Think on your life and all the ways God has revealed Himself to you. Think about God and all His incredible attributes. In this season, define the one aspect of God that stirs your heart, inspires your mind, and brings forth affection for Him. As the year proceeds, hold on to this area of awe, and watch God show Himself to be even more awesome than you thought.

My current awe is _____





STEP FOUR

STEP IN TO NEW TERRITORY (NEW PLACES/NEW LEVELS)

READ JOSHUA 1:3-9.

God has called and equipped you to take ground for His Kingdom, both in your life and in the world in which you live. He is the God of eternal increase and has His sights on some new territory for you to occupy in authority. Where do you see God drawing you to operate in authority? What “land” would He have you step into and occupy in His Name and Power? Are there higher standards you need to set? Lines you need to draw? Is there a discipline you need to embrace? A God goal you need to set?

My new territory is_____

STEP FIVE

STEP OUT INTO FRESH FAITH (RISK)

READ MATTHEW 21:18-22.

Faith is tangible and quantifiable. If you can't point to where you are exercising faith, you don't have it. And without faith, it is impossible to please God. God wants us to continually live by authentic faith. Where is yours? In what areas/ways is God asking you to step out in faith? What is He asking you to believe Him for? What is your current step of faith?

My current risk is _____



